

**ODESSA COLLEGE
ASSOCIATE DEGREE NURSING PROGRAM
SYLLABUS**

COURSE TITLE: RNSG 2161 Mental Health Clinical Nursing

CREDIT: 1 credit hours/48 contact hours

PLACEMENT: 1st year/2nd semester (50%Hybrid)

PREREQUISITES: Course Prerequisites:

Generic: RNSG 1513, 1360, 1193, 1301, 1441, 1261

Transition: RNSG 2207 (50% hybrid)

Course Co-requisites:

Generic: RNSG 2213

Transition: RNSG 2213

LICENSING/CERTIFICATION BOARD: TEXAS BOARD OF NURSING (BON)

FACULTY INFORMATION:

Name: Zassar Gatson, RN, MSN. CNE.

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Office: CT 209

Office Hours: Thursday Online 0900-1200pm

Campus Office Hours: Tue. 1600-1800

Study Group Hours: TBA

Preferred Method of Communication:

Please email me with any questions or concerns or call the office line at 432 335-6333. If there is an emergency please call my cell phone. No texting please.

Textbook(s):

Halter, M. J., (2014) *Varcarolis' foundations of psychiatric mental health nursing: A clinical approach* (7th ed). St. Louis, MO: Saunders/Elsevier.
[ISBN-13: 978-455753581]

Halter, M.J., (2014). *Virtual clinical excursions online and print workbook for Varcarolis' foundations of psychiatric mental health nursing* (7th ed.). St. Louis, MO: Saunders/Elsevier. [ISBN-13: 978-0323221825]

Hardware: Computer, speakers & internet access

Software: *Microsoft, Java, Adobe Reader, TechSmith Relay, Quick Time & Silverlight*

Websites: *Professional sites only such as; PubMed, WebMD, Firefox, ATItesting.com, <http://qsen.org>; <http://davisplus.fadavis.com/Index.aspx>*

Course Description

This course covers the principles and concepts of mental health, psychopathology, and treatment modalities related to the nursing care of patients and families suffering from mental disorders. This learning experience enables the student to apply specialized occupational theory, skills, and concepts. Direct supervision is provided by the clinical professional.

Course Student Learning Outcomes

1. Utilize the five steps of the nursing process (assessment, analysis, planning, implementation and evaluation) and critical thinking to determine the health status and health needs of psychiatric patients and their families.
2. Differentiate patterns and modes of communication and decision making processes within the political, economic and societal environment influencing the patient and family unit.
3. Apply current EB literature and implication of research findings to improving psychiatric patient care.
4. Collaborate with patients, families and the interdisciplinary health care team for the planning, delivery and evaluation of care in the psychiatric patient in a variety environment.
5. As a patient advocate assume accountability and responsibility in the delivery of nursing care for the patient and family with psychiatric disorders.

Course Topics:

Accident/Error/Injury Prevention (complications), ADHD, Schizophrenia, Depression, Bipolar, Severe Depression, Anorexia/Bulimia/Eating Disorders, Therapeutic Communications, Alzheimer's', Anxiety, Severe Anxiety, Dementia, Stress, Addiction, Sleep Disorders, Suicide, Crisis, Disorders of Children, Sexual Assault, Psychotropic Drugs, Legal & Ethical Guidelines for Safe Practice

Mid-Rotation or Final Pass or Fail

EVALUATION AND GRADING FOR GENERIC PROGRAM:

All course work is required. All aspect of course work must be submitted in order to successfully pass this course. Course grades are based on **successfully** meeting all clinical objectives and obtaining a 75 or better average on written and simulated work. .RNSG 2161 receives a final grade of PASS/FAIL.

Items	Weighted Value
Concept #1	10%
Concept #2	10%
Simulation	30%
Clinical assignments	50%
Total	100%

Class/Theory Grading Policy

Students will receive a numerical grade. A grade of 75% or greater is required to pass.

90-100	A
80-89	B
75-79	C
60-74.99	D
Below 60	F

COURSE POLICIES:

For ALL CURRENT NURSING POLICIES please refer to the CURRENT nursing student handbook. ALL policies and standards are in effect for RNSG 2161 course.

COLLEGE POLICIES:

SEE COLLEGE CATALOG

Odessa College's Core Objectives (COs):

1. *Critical Thinking Skills* - to include creative thinking, innovation, inquiry, and analysis, evaluation and synthesis of information
2. *Communication Skills* - to include effective development, interpretation and expression of ideas through written, oral and visual communication
3. *Empirical and Quantitative Skills* - to include the manipulation and analysis of numerical data or observable facts resulting in informed conclusions
4. *Teamwork* - to include the ability to consider different points of view and to work effectively with others to support a shared purpose or goal
5. *Personal Responsibility* - to include the ability to connect choices, actions and consequences to ethical decision-making
6. *Social Responsibility* - to include intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and

global communities

Student Learning Outcomes (SLOs)

Student Learning Outcome(s)	Core Objectives (CO's)
Utilize critical thinking to determine the health status and needs of psychiatric patients and their families.	<i>Critical Thinking Skills</i> - to include creative thinking, innovation, inquiry, and analysis, evaluation and synthesis of information
Differentiate appropriate patterns and modes of therapeutic communication for patients with various psychiatric health problems.	<i>Communication Skills</i> - to include effective development, interpretation and expression of ideas through written, oral and visual communication
Correlate current literature and implications of research findings to improve psychiatric patient care based on evidence based practice.	<i>Empirical and Quantitative Skills</i> - to include the manipulation and analysis of numerical data or observable facts resulting in informed conclusions
Explain the importance of collaboration with the health care team utilizing therapeutic interventions to provide patient centered care.	<i>Teamwork</i> - to include the ability to consider different points of view and to work effectively with others to support a shared purpose or goal
Delineate the role of the nurse in providing accountable and responsible quality nursing care as a patient advocate.	<i>Personal Responsibility</i> - to include the ability to connect choices, actions and consequences to ethical decision-making
Design a collaborative patient-centered plan of care to manage the health status and needs of psychiatric patients and their families.	<i>Social Responsibility</i> - to include intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities

ADN Core Objectives:

By the end of the program, the new graduate will:

1. Demonstrate professionalism and leadership skills reflective of the associate degree nurse.
2. Utilize clinical judgment based on best current evidence to provide safe and effective quality patient care.
3. Demonstrate nursing teamwork and inter-professional collaboration while managing care for patients across the lifespan in a variety of healthcare settings.
4. Effectively utilize informatics and technology in a variety of healthcare settings.
5. Appropriately incorporate knowledge of cultural diversity in the practice of patient centered care.

This syllabus is tentative and subject to change in any part at the discretion of the instructor. Any changes will be in accordance with Odessa College policies. Students will be notified of changes, if any, in a timely manner.