



# Course Syllabus

**NOTE:** This syllabus is subject to change during the semester. Please check this syllabus on a regular basis for any updates.

**Department:** Culinary Arts and Foodservice Management

**Course Title:** INTERNATIONAL CUISINE

**Section Name:** CHEF 1345

**Start Date:** 02/25/2013

**End Date:** 04/05/2013

**Time:** 07:30am to 01:30pm

**Credits:** 3

## Instructor Information

**Name:** Chef Mitchell

**OC Email:** pmitchell@odessa.edu

**OC Phone #:** 335-6525

**Lab Phone#:** 335-6324

**Office:** 215B

### Office Hours

Thursdays 2:00-5:00pm

M, T, W, F By Appointment Only

Help from the instructor is available at your request. Appointments can be set up or you may contact instructor during office hours. Tutoring is available through the LRC.

## Course Description

The study of classical cooking skills associated with the preparation and service of international and ethnic cuisine's. Topics include similarities between food production systems used in the United States and other regions of the world. (ICO 1,2,3).

## End-of-Course Outcomes

Explain the impact of Germany, Mexico, France, Italy, and China in the development of classical cooking principles and food preparation; interpret basic and advanced cooking principles in the preparation of classical food dishes; and identify the origin of menu items.

## Prerequisites/Co-requisites

**PREREQUISITES:** CHEF 1301 – Basic Food Preparation, CHEF 2302 – Saucier  
CHEF 2201 – Intermediate Food Preparation

**ICO**



(ICO1,2,3)

TEXTBOOK: International Cuisine, by: Michael Nenes

### LEARNING OUTCOMES:

After completing this course the student should be able to demonstrate the following competencies:

- 1.0 Organize work station
- 2.0 Prepare international cuisine items using broiling, sautéing, roasting, and combination methods
- 3.0 Prepare short sauces for food items
- 4.0 Work with a minimum of time and wasted movement\*
- 5.0 Interpret the quality standards for International Cuisine food items\*
- 6.0 Determine food costs for items prepared"

\* INDICATES INTEGRATED, CORE CURRICULUM SKILLS

(Math, Reading, Communication, Technological Literacy and/or Critical Thinking)

### COURSE REQUIREMENTS:

See Instructor Information Sheet for specific course requirements.

### METHOD OF EVALUATION:

See Instructor Information Sheet for specific course requirements.

### Grading Policy

1. Laboratory activities (Includes Journal & and class participation) 60%
2. Mid-term examination 10%
3. Final Practical examination 10%
4. Attendance 10%
5. Quizzes 10%

### DEPARTMENTAL POLICY:

**NO LATE WORK ACCEPTED OR MAKE-UP TESTS GIVEN.**

### Special Needs

Odessa College complies with Section 504 of the Vocational Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990. If you have any special needs or issues pertaining to your access to and participation in this or any other class at Odessa College, please feel free to contact me to discuss your concerns. You may also call the Office of Disability services at 432-335-6861 to request assistance and accommodations.

### Learning Resource Center (Library)

The Library, known as the Learning Resources Center, provides research assistance via the LRC's catalog (print books, videos, e-books) and databases (journal and magazine articles). Research guides covering specific subject areas, tutorials, and the "Ask a Librarian" service provide additional help.



### Student E-mail

Please access your Odessa College Student E-mail, by following the link to either set up or update your account: <http://www.odessa.edu/gmail/>.

All correspondence will be submitted using your Odessa College email.

### Student Portal

Please access your Odessa College Student E-mail, by following the link to either set up or update your account: <http://www.odessa.edu/gmail/>.

All correspondence will be submitted using your Odessa College email.

### Important School Policies

For information regarding student support services, academic dishonesty, disciplinary actions, special accommodations, or students and instructors' right to academic freedom can be found in the **Odessa College Student Handbook**.

### SUPPLIES:

#### Chef's Uniform:

- Chef Bonnet (refer to work ethics)
- Chef Pants
- Chef Coat (School Coat required during service/meals to public)
- Non-skid black shoes

#### Tool Box:

- French Knife: 8" or 10" blade
- Boning Knife: 6" blade, stiff/rigid
- Paring Knife: 3 1/4" blade
- French Whip: 14"
- Piano Whip: 14"
- Vegetable Peeler
- Pastry Brushes
- Cook's Fork: 6 1/2" tines
- Roast Beef Slicer: 12" blade/scalloped
- Measuring Cups
- Measuring Spoons
- Pocket Calculator
- Pocket Thermometer
- Digital Scale
- Camera

Students will be required to keep a Journal of all skills learned and dishes prepared.

### Journal Scoring

- 00 to 59 points = Journal not turned in on due date**
- 60 to 69 points = Journal is hand written with little attention to detail**
- 70 to 79 points = Journal is hand written with attention to detail**
- 80 to 89 points = Journal is handwritten very detailed with pictures**
- 90 to 99 points = Journal is typed very detailed and includes pictures**

Journals are due first thing on Tuesdays Week 2, 3, 4 and Friday Noon Week 5



## SANITATION REQUIREMENTS:

- Leave your jewelry at home.
- Fingernails should be short, free of nail polish, and clean of grease, grime and whatever else is there. No fake nails.
- Prior to handling food items, the hands must be washed for a minimum of 20 seconds in hot water with soap and sanitized with hand sanitizing solution.
- Hands must be free of cuts, sores and other skin abrasions (bandages must be covered and gloves or cots must be worn at all times)
- Smoking is not permitted in the kitchen, classroom or 50 feet of any outside entrance. Smoking is detrimental to your taste buds as well as a health hazard.
- Chewing gum in class or labs is not permitted.
- **Odessa College Chef's Uniform** is required for work in the laboratory.
- The student is expected to present a professional appearance which means attention to personal grooming is expected.
- Strict sanitation principles must be adhered to in the preparation of food.

COMPLIANCE TO THE ABOVE REQUIREMENTS MANDATED BY THE TEXAS HEALTH DEPARTMENT AND DECTOR COUNTY BOARD OF HEALTH.

## WORK ETHICS:

### Student Professionalism

1. Be on time for all classes and laboratories.
2. Maintain work assigned area in an orderly and sanitary condition.
3. Refrain from unwarranted conversations, horseplay or otherwise distracting conduct.
4. No out of the way language in any language is unacceptable and will result in deduction to your grade (Note: Emergency Words may be allowed)
5. Cooperate with classmates and function as a member of the team or there will be a deduction to your grade.
6. Odessa College Uniforms are required for this course. (Nothing else will be permitted!)
7. Cleaned and pressed Uniforms will be worn during all culinary classes Students must be in full uniform before entering the classroom or you will receive a deduction from your grade .
8. The food in the kitchen belongs to the State of Texas. It is not available for personal use or consumption.
9. Perform clean-up as a member of a team (if you have time to lean you have time to clean).
10. All Students will be allowed two (2) excused absences to this course. Each absence afterwards you will lose one letter grade. This is a professional course and students must call text or email prior to the commencement of the class. In private industry you have to inform your employer whether you are going to absence or not.
11. If a student leaves or walks out without notifying the instructor, it will be a zero for the day and the student will be counted absent.



12. All homework will be turned in on time. Any late homework will be a zero.
13. Any in-class assignments must be completed before the student leaves the class room or lab. Loss of the assignment's grade will occur.
14. No Cell Phones (texting or listening to music as well) will be permitted in the kitchen or the classroom (Unless it is used for journal purposes and only with permission from Chef Instructor). If a cell phone is in use during class, a zero can be received for the day.

#### IMPORTANT NOTE TO STUDENTS:

It is the policy of this instructor to help you complete this course. If you believe that you cannot complete this class due to medical, family, financial, social, job related or other problems or conflicts, you should see your instructor to discuss your options **PRIOR TO THE FINAL DROP DATE.**

#### COURSE OUTLINE: (Subject to changes)

Week 1: 02/26 & 02/28 Introduction Clean Up & the Cuisine of the Baltic

Week 2: 03/05 & 03/07 Cuisine of Italy (Journal Turn in Tuesday)

Week 3: 03/19 & 03/21 Cuisine of France & Mid-Term (Journal Turn in Tuesday)

Week 4: 03/26 & 03/28 Lunch Service, the Cuisine of China (Journal Turn in Tuesday)

Week 5: 04/02 & 04/04 Lunch Service, the Cuisine of Germany & Final Practical Exam (Journal Turn in Friday 04/05 noon)