

**PHED 1171  
ATHLETIC TRAINING PRACTICUM I  
FALL 2010**

**Instructor:** Jeff Kelly, L.A.T., M.Ed.   **Office:** Sports Center B-3   **Office Phone:** 432-335-6570  
**Office Hours:** Posted   **Email:** [jkelly@odessa.edu](mailto:jkelly@odessa.edu)   **Credit Hour:** 1

**Description:** The Athletic Training Practicum course consists of two components; 1) a weekly formal instruction, discussion, and 2) practice seminar and a clinical/field experience held in a setting assigned by the Clinical Instructor. The class will meet for formal instruction, practice and evaluation of the clinical competencies. It is the responsibility of the student to practice the clinical skills on their own time, during the allotted class time, and during the clinical experience. This course provides a practical experience for the Athletic Training Student. Students gain experience through a hands-on approach via clinical settings and field experiences. Practical experiences are supervised by a Licensed Athletic Trainer and provide opportunities for students to apply the knowledge and skills of injury/illness recognition during the clinical and field experience.

**Objective:** As a result of this class, the student trainer will receive a greater understanding of the daily operations of a collegiate training room. Students will be taught to recognize problems and design a plan of action for services such as, but not limited to; taping, bandaging, first aid emergency care, rehabilitation and related services. This course will provide the student Athletic Trainer with opportunities to learn, practice, and utilize assessment skill in a practical setting that complies with the Texas State Advisory Board of Athletic Trainers Education Council's Athletic Training Competencies and Clinical Proficiencies.

**Method of Evaluation:**

1. Oral/Practical Exams – 30%
2. Completion of assigned Athletic Training projects – 40%
3. Licensed Athletic Trainer Evaluations – 30%

**Grading Criteria:**

- 90 – 100% = A  
80 – 89% = B  
70 – 79% = C  
60 – 69% = D

**Attendance Policy:** After three (3) unexcused absences your overall grade will be dropped one letter grade. Three tardies result in one absence.

**16 WEEK OUTLINE**

- Wk 1 – Introduction and Orientation
- Wk 2 – Team Doctors: Who, Where are their offices, and why we use them.
- Wk 3 – Basic Anatomy and Terminology
- Wk 4 – First Aid: Wound Care
- Wk 5 – Taping Lab: Ankle and Wrist
- Wk 6 – Taping Lab: Knee
- Wk 7 – Stim Machines: What are they, why do we use them and how do you use them?
- Wk 8 – Guest Lecture: Doctor, Physical Therapist or Athletic Trainer
- Wk 9 – Selected Emergency Procedures: Splinting, Backboard
- Wk 10 – Basic Rehabilitation of the Ankle: Theraband, Bapst Board
- Wk 11 – Basic Rehabilitation of the Knee: Straight Leg Raises, ROM
- Wk 12 – Basic Rehabilitation of the Shoulder: ROM
- Wk 13 – Basic Rehabilitation of the Back
- Wk 14 – Thanksgiving Week, Journal Reviews
- Wk 15 – Review
- Wk 16 – Final

**PROCEDURE FOR REQUESTING SPECIAL ACCOMMODATIONS**

Odessa College complies with Section 504 of the Vocational Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990. If the student has any special needs or issues pertaining to access to and participation in any class at Odessa College, please contact Becky Rivera-Weiss in the Office of Disability Services at (432) 335-6861 to request assistance and accommodations.