

SYLLABUS: PHED 1306—SPRING 2011

AMERICAN RED CROSS FIRST AID: CPR / Responding to Emergencies

3 Semester Hours Credit

Course Syllabus

Department : Physical & Health Education
Course Title : AMERICAN RED CROSS FIRST AID: CPR / Responding to Emergencies
Section Name : PHED 1306
Start Date : 1/18/2011
End Date : 5/6/2011
Modality : STRUCTURED
Credits : 3

Instructor Information

Name : Patricia Lee Hodges
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OC Phone# : 432-335-6564

Course Description:

This course provides multimedia instruction in American Red Cross CPR and Standard First Aid. The course covers techniques for injury assessment, bandaging and splinting, and safe transportation of the injured. Emphasis is placed on individual and group skills for responsible action, decision making and problem solving when faced with an emergency situation. Certification may be obtained in basic adult, child and infant CPR and Standard First Aid.

Prerequisite: None.

Scans: 5, 7, 9, 10, 11

Required Reading materials: American Red Cross First Aid: Responding to Emergencies, Fourth Edition, 2005

Course Requirements

Six written exams covering material presented in the community CPR section of the course. These exams will cover the specific material that American Red Cross has deemed significant for certification in CPR—100 points per exam—600 points possible.

Skill tests—Your skills will be evaluated while performing Rescue Breathing, Choking, and Cardiac emergencies—10 points per skill—90 points possible.

An additional exam will cover the specific material the Red Cross has deemed significant for certification in Standard First Aid— 100 points possible.

Attendance is the greatest predictor of your success. One point will be added for each class attendance (30 points possible). If the student attends all classes, five points will be added to his/her final grade.

An oral report will be presented in class over any first aid or healthy living topic covered in the course.

Independent research with 2 outside resources—100 points possible.

Competences

Students will demonstrate competencies in:

Adult, Child, Infant rescue breathing, choking and Cardiopulmonary resuscitation, CPR with two rescuers, life saving techniques using an automated external defibrillator (AED), controlling bleeding, bandaging, splinting and safe transportation techniques and other standard first aid procedures.

Summary of Weeks 1-16 Assignments & Activities

Week 1—Introduction

Week 2— Read chapters 1 “If Not You, Who?”, 2 “Responding to an Emergency” & Chapter 24; Discuss

Week 3—Read chapters 3 “Before Giving Care” and 4 “Body Systems”

Week 4—Read chapters 5 “Checking the Victim” Test—Before Giving Care

Week 5—Read chapters 6 “Breathing Emergencies” and 7 “Cardiac Emergencies and Unconscious Choking”

Week 6—Skills Tests: Adult, Child, Infant

Week 7—Continue Skills Testing and AED training

Week 8—Adult, Child, Infant Red Cross Responding to Emergencies CPR Components Tests; Choose topics for Oral Reports

Week 9—Spring Break

Week 10— Read chapters 8 “Bleeding”, 9 “Shock”, 10 “Soft Tissue Injuries” and 11 “Musculoskeletal Injuries”

Week 11— Read chapters 12 “Injuries to the Extremities” and 13 “Injuries to the Head, Neck and Back”

Week 12— Read chapters 14 “Injuries to the Chest Abdomen and Pelvis” and 15 “Sudden Illness”

Week 13— Read chapters 16 “Poisoning”, 17 “Bites and Stings” 18 “Substance Misuse and Abuse”

Week 14— Read chapters 19 “Heat and Cold-Related Emergencies”

Week 15— Present chosen oral report topics from remaining Responding to Emergencies chapters and healthy living topics presented during week 8

Week 16—Review for Final Exam

Grading Policy

920—828 points = A

827—736 points = B

735—644 points = C

643—552 points = D

551 points and below = F

Written tests (7) =700 points

Skills tests (9) =90 points

Oral report= 100 points

Attendance=30 points

Total points 920

Special Needs

Odessa College complies with Section 504 of the Vocational Rehabilitation Act of 1973 and the American with Disabilities Act of 1990. If you have any special needs or issues pertaining to your access to and participation in this or any other class at Odessa College, please feel free to contact me to discuss your concerns. You may also call the Office of Disability services at 432-335-6861 to request assistance and accommodations.

Learning Resource Center (Library)

The Library, known as the Learning Resources Center, provides research assistance via the LRC’s catalog (print books, videos, e-books) and databases (journal and magazine articles). Research guides covering specific subject areas, tutorials, and the “Ask a Librarian” service provide additional help.

Student E-mail

Please access your Odessa College Student E-mail, by following the link to either set up or update your account: <http://www.odessa.edu/gmail/>. All assignments or correspondence will be submitted using your Odessa College email.

Technical Support

For Blackboard username and password help and for help accessing your online course availability and student email account contact the Student Success Center at 432-335-6878 or online at http://www.odessa.edu/dept/ssc/helpdest_form.htm.

Important School Policies

For information regarding student support services, academic dishonesty, disciplinary actions, special accommodations, or student’s and instructors’ right to academic freedom can be found in the Odessa College Student Handbook.