

ODESSA COLLEGE ASSOCIATE DEGREE NURSING PROGRAM
SYLLABUS RNSG 2213
Fall 2012

COURSE TITLE:	Mental Health
CREDIT:	2 HOURS (32 CONTACT :) (16 Week Course)
PLACEMENT:	SECOND SEMESTER OF THE NURSING PROGRAM
PREREQUISITES:	RNSG 1105, RNSG 1201, RNSG 1215, RNSG 1260, RNSG 1321 for the generic student or consent of the department. RNSG 2207 for the transition student.
CO-REQUISITES:	RNSG 2161, RNSG 1443, RNSG 1361; BCIS 1305; PSYC 2314 for the generic student. RNSG 1201, RNSG 1412, and RNSG 2263, RNSG 2260 for the transition student.

LICENSING/CERTIFYING AGENCY: TEXAS BOARD OF NURSING (BON)

FACULTY: Jeanette Frantz, RN Phone: (Office: 335-6670 Cell: 432-288-8323)
Office Location: CT: 213

COURSE DESCRIPTION: This course covers the principles and concepts of mental health, psychopathology, and treatment modalities related to the nursing care of patients and families suffering from mental disorders. (ICO 1, 2, 4, 5, 6).

END OF COURSE OUTCOMES: Uses therapeutic communications; utilizes critical thinking skills and a systematic problem-solving process as a framework for providing care to patients and families experiencing mental health problems.

COURSE OBJECTIVES: Course objectives utilize the framework of Differentiated Entry Level Competencies for Graduates of Texas Nursing Programs. At the completion of the course, according to the corresponding program outcome (PO), the student should be able to:

As Member of the Profession:

Participate in activities that promote the development and practice of professional nursing (PO 3).

Demonstrate responsibility for continued competence in nursing practice, and develop insight through reflection, self-analysis, self-care, and lifelong learning (PO 4)

Apply the five steps of a systematic process (for care and discharge planning), which includes assessment, analysis, planning, implementation and evaluation in utilizing, evidenced based

practice, critical thinking, and decision making processes for the patient with a mental health alteration. (PO 1, 2, 3, 4).

As a Provider of Patient-Centered Care:

Use clinical reasoning and knowledge based on the associate degree nursing program of study and evidence-based practice outcomes as a basis for decision making in nursing practice (PO 5).

Identify the physical and mental status, needs, and preferences of culturally, ethnically, and socially diverse patients and their families based upon interpretation of comprehensive health assessment findings compared with evidence-based health data derived from the associate degree nursing program of study (PO 6).

Evaluate data to identify problems, formulate goals/outcomes, and develop plans of care for patients and their families using information from evidence-based practice in collaboration with patients, their families, and the interdisciplinary health care team (PO 7).

As a Patient Safety Advocate:

Comply with mandatory reporting requirements of the Texas Nursing Practice Act (PO 13).

As a Member of the Health Care Team:

Describe resources that facilitate continuity of care; health promotion, maintenance, and restoration; and ensure confidentiality (PO 19).

TEACHING/LEARNING METHODS: The following methods may be incorporated into 2213: lecture/discussion, technological instructional modalities, role playing, assigned readings, peer interaction, small group discussions, written assignments, oral reports, and multimedia instructional programs quizzes.

EVALUATION AND GRADING: The grading policy for the Associate Degree Nursing Program will be followed. There will be **four** unit exams consisting of no more than 60 questions. The final exam will consist of approximately 100 questions. Questions may be multiple choice, matching or fill in the blank. **No assignments/exams are optional.** All work must be submitted in order to earn a grade in this course unless the student has made arrangements with the instructor to receive a grade of incomplete (I) or withdrawal (W). Students will earn grades in RNSG 2213 according to the following grade distribution:

Weighting of Grades:

Unit Exams (4)	60%
Concept Map	2.5%
Daily Grade	2.5%
ATI proctored	10%
<u>Final Exam</u>	<u>25%</u>
TOTAL	100%

Grading Scale

A	90-100
B	80-89
C	75-79
D	60-74.99
F	59 or below

A final grade of C or higher must be attained in order to pass RNSG 2213. Grades are carried to two decimal places until the final grade that is rounded to the appropriate whole number. No grades will be rounded up to 75 to pass. (Example: 74.99 = grade of D.)

A.T.I. Policy

Students in Semesters one (1), two (2), and three (3) will take Practice Exams 1 and 2 relevant to each course. Students may take each practice exam twice (and only twice for a grade). The highest grade on each of the Practice Exams will be counted as a daily grade.

Proctored exams will be given near the end of each semester in semesters one (1), two (2), and three (3) and Management. All students are required to remediate. If a student scores an 80 or higher the student will receive a 100%. If a student receives a 75-79 on the exam the student will receive an 80% and with successful remediation will receive the extra 20%. If a student receives a 70-74 on the exam the student will receive 60% and with successful remediation will receive 20%. A student who falls below 60 will receive 20% for successful remediation.

Attendance Policy:

Students are expected to regularly attend classes. Each session is one class. The student is responsible for the course material presented during any absence from class. Instructors will keep records of absences. Excessive absences and tardiness will contribute to a failing grade. Students are encouraged to be on time for each class. The door to the classroom will be closed 5 minutes after the appointed time class is to start. If the classroom door is closed when the student arrives, he/she should knock on the door to enter. It is the student's responsibility to make arrangements for alternate testing should a major exam be missed. These arrangements must be made in advance if the student knows they are going to be absent on the day of testing. If a student has an unforeseeable absence, arrangements must be made with the instructor within 24 hours of the

absence, in order for the exam to be made up. The same exam given to the class for the scheduled exam will not be used for the make-up exam.

****Odessa College complies with Section 504 of the Vocational Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990. If you have any special needs or issues pertaining to your access to and participation in this or any other class at Odessa College, please contact Becky Rivera-Weiss in the Office of Disability Services at 432-335-6861 to request assistance and accommodations. If you need accommodations, please provide Janice Pullig, the nursing supervisor a copy of your stated disability and your accommodations needs for your file. Please also, provide a copy to the instructor.**

Expectations for Engagement-Face to Face Learning

To help make the learning experience fulfilling and rewarding, the following Expectations for Engagement provide the parameters for reasonable engagement between students and instructors for the learning environment. Students and instructors are welcome to exceed these requirements.

Reasonable Expectations of Engagement for Instructors:

1. As an instructor, I will communicate with my students in a timely and clear manner. In order to maintain sufficient communication, I will
 - Provide my contact information.
 - Respond to all messages in a timely manner through telephone, email or next classroom contact and notify students of any extended times that I will be unavailable and provide them with alternative contact information (for me or for my supervisor) in case of emergencies during the time I'm unavailable
2. As an instructor, I understand that my students will work to the best of their abilities to fulfill the course requirements. In order to help them in this area, I will
 - Provide clear information about grading policies and assignment requirements in the course, syllabus, and
 - Communicate any changes to assignments and/or to the course calendar to students as quickly as possible
3. As an instructor, I understand that I need to provide regular timely feedback to students about their performance in the course. To keep students informed about their progress, I will
 - Return classroom activities and homework within one week of the due date and
 - Provide grades for major assignments within 2 weeks of the due date or at least 3 days before the next major assignment is due, whichever comes first.

Reasonable Expectations for Engagement for Students

1. As a student I understand that I am responsible for keeping up with the course. To help with this, I will
 - Attend the course regularly and line up alternative transportation in case my primary means of transportation is unavailable;
 - Recognize the college provides free Wi-Fi, computer labs and library resources during regular campus hours to help me with completing my assignments; and,
 - Understand that my instructor does not have to accept my technical issues as a legitimate reason for late or missing work if my persona. Computer equipment or internet service is unreliable.
2. As a student, I understand that it is my responsibility to communicate quickly with the instructor any issue or emergency that will impact my involvement with or performance in the class. This includes, but is not limited to ,
 - Missing class when a major test is planed or a major assignment is due
 - Having trouble submitting assignments
 - Dealing with a traumatic personal event:, and

- Having to work or childcare schedule changed so that my classroom attendance is affected.
3. As a student, I understand that it is my responsibility to understand course material and requirements and to keep up with the course calendar. While my instructor is available for help and clarification, I will,
- Seek out help from my instructor and/or from tutors
 - Ask questions if I don't understand and
 - Attend class regularly to keep up with assignments and announcements.

If the instructor sees that a student may need extra help or success coaching, she may submit a Retention Alert or Starfish Alert to alert the Odessa College Student Success Coaches. The Student Success Coaches will help the student stay focused and on track to complete their educational goals.

Course Calendar for 2213

All assigned reading for the week must be completed before class. Class time will be used for group activities that will require you already be familiar with the material. Lecture will also be utilized. There will be a quiz at the beginning of every class period starting at 9:10 am. The door will be closed and locked at 5 minutes after 9 am in order to take the quiz. Please wait until 9:30 am if you are not there before the door is closed and locked. You may enter the classroom at that time, once the quiz is completed. There will be no make-ups for any quiz missed. This rule goes for the whole semester.

Your study notes will be taken up at the beginning of each class period and returned at the end of each class period. If you take electronic notes, please email them the night before class is scheduled.

Week 1

August 29th

Class in room 206, at 9:00 am-10:50 am

Foundations of Psychiatric Mental Health Nursing-Varcarolis, chapters 1-10, pgs 2 through 193.

ATI Modules 1, 2, 3 and 5. Please read the material and take notes. Write down any questions you may have regarding the material. Do the quiz at the end of each chapter. Be sure and watch the videos in each unit, they have valuable material that we will cover. Notes will be taken up at the beginning of each class period and returned at the end of each class period.

Directions to access modules: Open your ATI page and click on my e-learning.

Click on Resources

Click on RN Review Module

Click on 2010 Edition- Once open, scroll down to Mental Health Nursing RN 8.0

Week 2

September 5th

Class in room 206, 9:00 am-10:50 am

Foundations of Psychiatric Mental Health Nursing-Varcarolis, Continue chapters 1-10

ATI Chapters 4 and 6. Please read the material and take notes. Write down any questions you may have regarding the material. Do the quiz at the end of each chapter. View any videos included in the modules. These instructions apply to each ATI assignment you have throughout the semester.

Week 3

September 12th

Class in room 206, 9:00 am- 10:50 am

**Foundations of Psychiatric Mental Health Nursing-Varcarolis,
Chapters 11, Understanding Responses to Stress, pages 195-203,
Chapter 12, Anxiety and Anxiety Disorders, pages 212- 239,
Chapter 13, Depressive Disorders, pages 246-273.
ATI Modules 7, 10, 11, 12, 19,**

Week 4

September 19th

Class in room 206 at 9:00 am – 10:50 am

1st Major Exam starting at 9:10 am. Exam will cover all material assigned to date.

**Foundations of Psychiatric Mental Health Nursing-Varcarolis
Chapter 14, Bipolar Disorders, pages 280-299.
Chapter 24, Suicide, pages 548-559.
ATI Module 7, 8, 10, 13, 21, 28**

Week 5

September 26th

Class in room 206 at 9:00 am – 10:50 am

**Foundations of Psychiatric Mental Health Nursing-Varcarolis
Chapter 18, Addictive Disorders, pages 402-408,
Chapter 25, Anger, Aggression, and Violence pages 565-580.
ATI modules 9, 10, 11, 12, 24, 31**

ATI Practice Test Computer Lab 216 from at 1:30 pm- 2:30 pm.

Week 6

October 3rd

Class in room 206 at 9:00 am – 10:50 am

Foundations of Psychiatric Mental Health Nursing-Varc Carolis

Chapter 15, Schizophrenia, pages 306 – 337

Chapter 19, Personality Disorders, pages 433-444

ATI Modules 14, 15, 22

Week 7

October 10th

Class in room 206 at 9:00 am – 10:50 am

Chapter 20, Sleep Disorders, pages 461-477

Chapter 22 Somatoform, Factitious, and Dissociative Disorders, pages 502-523

Week 8

October 17th

Class in room 206 at 9:00 am – 10:50 am

Foundations of Psychiatric Mental Health Nursing-Varc Carolis

Chapter 26 Child, Older Adult, and Intimate Partner Abuse, pages 584-603

Chapter 27 Sexual Assault, pages 609-619

ATI Modules 30, 31

Major Exam #2 starting at 9:10 am. Exam will cover all material assigned to date.

Week 9

October 24th

Class in room 206 at 9:00 am – 10:50 am

Foundations of Psychiatric Mental Health Nursing-Varc Carolis

Chapter 28 Disorders of Children and Adolescents, page 626-634

Chapter 17 Cognitive Disorders, pages 369-395

Chapter 16, Eating Disorders pages 344-357

ATI Modules 16, 18, 26

Week 10

October 31st

Class in room 206 at 9:00 am – 10:50 am

Concept Maps and presentations

Week 11

November 7th

Class in room 206 at 9:00 am – 10:50 am

Continue presentations of concept maps

Exam # 3 in room 206 at 9:10 am

Week 12

November 14th

Class in room 206 at 9:00 am – 10:50 am

Foundations of Psychiatric Mental Health Nursing-Varcarolis

Chapter 23, Crisis and Disaster, pages 528-540

Chapter 29 Psychosocial needs of the Older Adult 653- 672

Chapter 30 Serious Mental Illness 677-690

ATI Modules 27

2nd Practice ATI in room 216 at 1:30pm-2:45pm

Week 13

November 21st

Material still covered, but assignments will be on BlackBoard

Foundations of Psychiatric Mental Health Nursing-Varcarolis

Chapter 31 Psychological Needs of Patients with Medical Conditions, page 694-703

Chapter 32 Care of the Dying and for Those Who Grieve, page 707 – 721

Chapter 33 Forensic Psychiatric Nursing, page 725- 731

ATI Modules 25

Week 14

November 28th

Class in room 204 at 9:00 am – 10:50 am

Foundations of Psychiatric Mental Health Nursing-Varcarolis

Chapter 34 Therapeutic Groups, 736-746

Chapter 35 Family Interventions, pages 749-764

Chapter 36 Integrative Care, pages 767-769

Proctored ATI Room 216 at 1:30 pm-2:45 pm

Week 15

December 5th

Final Exam at 9:00 am room 206

Week 16

December 14th

Receive final grades

The instructor reserves the right to amend or change assignments in order to cover material that is deemed necessary for students learning and success, or in the event of departmental changes.

I have been given a copy of the syllabus. The instructor has gone over this syllabus and explained each component of the document with me. I understand the syllabus and have asked questions for clarification for any part of the document that I do not understand.

I have access to the Student Handbook and take responsibility for reading and understanding all the policies regarding the handbook.

Students Name _____

Date _____